This text details the concept of EMS. I think this is a very useful thing. There are several types of EMS: Microwaves: Data and Heat, Visible Light Rays, Ultraviolet Waves (Energetic Light), X-rays (Penetrating Radiation), Gamma Rays(Nuclear Energy)- and all of them are important . On the one hand, it is very dangerous and can lead to death, for example, ultraviolet waves can cause cancer, as well as gamma waves, which cause significant harm to the body. But on the other hand cooking in the microwave, transmitting information via radar, telephone or computer, X-rays - all this is the merit of EMC. Conclusion: any waves are dangerous for a person and his body ,but some affect immediately, some over time.