

Technology Has Changed How We Communicate

How has technology helped communication? The advancement of technology has made communication unbelievably fast and convenient. It's incredible to look back and see how much easier communication has gotten over the years. Communication tools offer one of the most significant examples of how quickly technology has evolved.

In the past, writing a letter, sending faxes, or finding a wired telephone was the best way to communicate remotely with someone. To connect with someone in society today, you have many more efficient options at your fingertips. You can send them a message on social media, text them, video chat, email, or put a call through.

These new methods can help you keep in touch with loved ones, especially if you're aging in place or living alone. Video chat helps caregivers check on seniors who may not need continual check-ups in person. Social media is a great way to keep in touch in general, allowing you to see what your loved ones are doing through the photos and updates they post.

Social Media

Who hasn't heard of Facebook, Twitter, or Skype? They've become household names. Even if you don't use these platforms, they're a part of everyday life and not going away anytime soon. Regardless of your location, messages via social media get delivered on these platforms at the same rate and speed whether the recipient is right beside you or on the other side of the globe. You can also send voice messages through these platforms, and it is delivered in nanoseconds.

Messaging Apps

The way we use mobile phones has changed dramatically as well. In addition to social media platforms, there are numerous other applications specifically designed for communication. If social media isn't for you, WhatsApp and other messaging apps enable you to quickly message family and friends and even make calls over Wi-Fi.

You can email through your phone or send SMS text messages through your mobile provider, but many smartphones have their own messaging platforms built directly into the phone. On Apple iPhones, iMessage allows you communicate with anyone else who has an

iPhone for free using WiFi or cellular data. iMessage has gotten increasingly sophisticated over the years. Sending photos, videos and emojis are just the basics with what you can do, and the platform has now expanded to include gaming, voice notes, and various app integrations to send information more quickly.

Messaging Apps can be a great option if you have friends in other countries or if you don't have a phone plan.

Smartwatches

Communication has even evolved beyond mobile devices and personal computers. We can now send messages through tablets, voice assistants, smartwatches, and more. The smartwatch is a relatively new technology that captures almost all the capabilities of smartphones in a convenient touch-screen watch. You can receive notifications, track your activity, set alarms, and even call and text directly through these wearable devices.

Smartwatches can also serve as a way to communicate with emergency responders. Medical alert companies like MobileHelp and Medical Guardian have partnered with smartwatch developers or created proprietary technologies to provide seniors the safety of a medical alert right on their wrist. These watches include many of the same features as a typical smartwatch, such as activity tracking and personal messaging.

Even the makers of popular smartwatches on the market outside of the medical alert industry providing people the ability to communicate quickly in the case of an emergency. The Apple Watch Series 4 and its subsequent versions have built-in fall detection, which will automatically alert emergency assistance. In addition to its automatic response capabilities, Apple Watch technology also allows users to initiate an emergency call from any location worldwide manually. Apple's Medical ID Health app can provide emergency responders access to your medical conditions and designated emergency contacts.

Technology allows us to communicate instantly with people in our neighborhoods or around the globe. This innovation not only keeps us connected but can help us live safer and healthier lives.