dust mask, ear plugs, ear defenders, gauntlets, goggles, overails, respirator,

safety boots/shoes, safety harness, welding mask

<b>Item of Personal Protective Equipment</b>		Description	
	1	inserted in the ears to protect the hearing	
	2	protect the hearing by covering the ears	
		- can	
		also be attached to the sides of a hardhat	
	3	have steel toe caps and reinforced soles	
	4	has dark glass to protect the eyes from	
		bright	
		flashes of light	
	5	gas mask – filters gas particles from the	
		air	
	6	another general term for safety glasses	
	7	long gloves which extend up the arms	
	8	for covering the body, arms and legs	
	9	prevents the wearer from falling	
	10	filters solid particles from the air	

It's	advisable	to
	crucial	not to
	essential	
	preferable	
	vital	
There's	no need to	
You don't		

## DOs and DON'Ts for line workers during high-voltage, live-line maintenance by helicopter:

## 1 ... touch only one conductor at a time.

It's crucial/essential/vital to touch only one conductor at a time. If you touched two conductors, it would result in a short circuit passing through you, causing electrocution.

- 2 ... hold on to two conductors at the same time.
- 3 ... connect yourself to a pylon using a strong, steel cable.
- 4 ... switch off the current running through the power line.
- 5 ... work during dry weather.
- 6 ... work during wet weather.
- 7 ... wear a hot suit with metal threads in it.
- 8 ... wear a parachute.
- 9 ... anchor the cradle to the ground with a steel cable.
- 10 ... wear shoes with thick, rubber soles.